Beat: Sports

THE SCIENCE AND PRACTICE OF RACKET SPORT FOR IMPROVED PERFORMANCE AND HEALTH

SPECIAL FOCUS ON TABLE TENNIS

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USPA NEWS - As the meaningful FOREWORD with ACTIONS to the LIEBHERR WORLD TABLE TENNIS CHAMPIONSHIPS 2018 (April 29th - May 6th) on April 25-27, 2018 ITTF, BWF, SISU, HALLANDS IDROTTSFORBUND, SVENSKA BORDTENNISFORBUNDET, HALMSTAD UNIVERSITY organized and conducted the racket sports science conference at Halmstad University in Sweden.

The conference was conducted in three areas: Health and Innovation, High Performance, and Sports Sciences with Keynote and Invited Speakers, Oral Presentations and Workshops.
In the Conference took part representatives and experts from 25 countries. Among them Anders Hansen and Mattias Nilsson, Sweden; Kristina Ziegert; Alina Franck and Natalia Stambulova, Sweden; Fethi Regaieg, Qatar; Lars Kirsten, Michael Ring and Marie Paulson, Sweden; Filip Gertz Lysdal, Christian Moller Madsen, Holbak and Use Gustav Kersting, Denmark; Emma Haglund, Istvan Moldovan, Sweden; Ivan Malagoli Lanzoni and Sandro Bartolomei, Italy; Fatemeh Keywani, Qatar; Rosa Rahavi Ezabad, Maryam Rahimian Mashhadi and Akramasadat Razavi, Iran; Emily Kamruddin and Sabira Mannan, United Kingdom; Adrian Aleksandru Mosoi and Nicolae Ochiana, Romania; Johan M. Wikman, Andreas Ivarsson and Karin Moesch, Sweden; Peter Elsborg, Denmark;

Marie-Louise Elbe, Germany; Milan Condric, Slovenia; Anne Edvardsson, Sweden; Mahmoud Ghuneim, Jordan; Samuel Andrew Pullinger, Qatar, Konrad Tiefenbacher, Germany: Irene Faber, Netherlands, Michael Andersson, Sweden; Anna Cregard, Sweden, Dejan Papic, Pongrac Acs and David Paar, Hungary, Peter Gardestedt, Sweden; Steve Dainton, Australia, Tomas Weikert, Germany, Jorgen Persson, Sweden.
The Conference included a panel discussion with the ITTF President Tomas Weikert, ITTF CEO Steve Dainton and Peter GÃ¥rdestedt of Halland Sports Federation. The panel discussion was moderated by Mikael Andersson. Contextual and sensitive answers and questions on current table tennis sports development and sports development showed ways the sport undertakes. For example, the ITTF CEO shared with the audience the ITTF´s vision of modernizing the format of table tennis world championships for better presentation, demonstration and displaying all the matches being played on the ITTF Worlds.
Prof. Dr. Urban Johnson and Dr. Lars Kristen moderated the Conference.

For more information, please, visit the websites:
http://hh.se/sprs and http://www.hh.se/5.6a9c024516337268e1a2d86e.html

Article online:
https://www.uspa24.com/bericht-13309/the-science-and-practice-of-racket-sport-for-improved-performance-and-health.html

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